**CAT 2**

**Morning Class October 2022**

**Time: 45 minutes**

**Instructions:**

**Read and answer each question correctly**

**Questions**

1. State 3 ways you can support and promote independence to an elder(3 marks)
2. Describe an incidence (2marks)
3. List 4 reasons for conflict in the workplace? (4 marks)
4. State and explain the most common positions used in Nursing patients? (6 marks)
5. Describe what a decubitis ulcer is and their causes (6 marks)
6. How do you prevent bed sores? (6 marks)
7. Name the parts of the body most likely to develop bedsores (5 marks)
8. Explain the process of respiration (6 marks)
9. Name the four chambers of the heart ( 2 marks)
10. Describe in detail the process of blood circulation (10 marks)
11. Name the parts of the urinary system ( 4 marks)
12. What are ways you can manage pain in an elderly? (3 marks)
13. What is the difference between acute and chronic pain? (2 marks)
14. Name the steps of back massage? (7 marks)
15. Name 4 disorders that can affect an elders mobility? (4 marks)

Total =70marks